

**THE LANGUAGE OF LEADERSHIP  
2019 SCHEDULE AND STRUCTURE**

<b>Session</b>	<b>Dates</b>	<b>Areas of Focus/Activities</b>
<b>Session I</b>	Feb. 26 - 28, 2019	<ul style="list-style-type: none"> <li>• Self-Awareness: Learn to become an objective observer of yourself</li> <li>• Way of Being: the impact of your language, body and emotions</li> <li>• The Power of Conversations: Practice critical conversation and open listening in 1:1 and group settings</li> <li>• How We Change: Set foundation for individualized coaching/development program</li> </ul>
Between Sessions I & II	March 2019	<ul style="list-style-type: none"> <li>• Two coaching sessions with ICA facilitator/coach</li> <li>• Engage in personalized exercises and practices</li> <li>• Connect with a program learning partner</li> </ul>
<b>Session II</b>	April 23 - 24, 2019	<ul style="list-style-type: none"> <li>• Leadership Coaching: Learn the fundamentals and flow of how to engage in coaching conversations</li> <li>• Open Listening: How to attune to others and listen for the recurring issue beneath the coaching topic</li> <li>• Coaching Practice: including preparation and coaching sessions with peers</li> </ul>
Between Sessions II & III	May 2019	<ul style="list-style-type: none"> <li>• Two coaching sessions with ICA facilitator/coach</li> <li>• Engage in personalized exercises and practices</li> <li>• Connect with a program learning partner</li> </ul>
<b>Session III</b>	June 25 -26, 2019	<ul style="list-style-type: none"> <li>• Identify and address habitual reactions that limit outcomes</li> <li>• Gain insight into the nine different personality styles and how to communicate effectively with each style</li> <li>• Learn about the different ways people deal with challenge and how to address the primary concerns of each style</li> <li>• Designing exercises and practices for personal change</li> </ul>
After Session III	July 2019	<ul style="list-style-type: none"> <li>• One coaching session with ICA facilitator/coach</li> <li>• Engage in personalized exercises and practices</li> </ul>

**The 2019 Language of Leadership sessions will be held at:**

The Holiday Inn  
 919 Kruse Way, Springfield, OR 97477  
 Hours are from 8:30 AM – 5:00 PM each day